# Neurosurgery

Vladimír Přibáň Jan Mraček (eds.)

KAROLINUM

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#### **Preface**

This neurosurgery textbook forms the basic material for teaching this specialised field at the Faculty of Medicine in Pilsen. Together with lectures and practical exercises, they form a basic information summary needed to prepare for the neurosurgery examination. We have endeavoured to create an up-to-date text containing a wealth of graphic documentation that will provide information not only to medical students, but also to young residents in the field of neurosurgery.

The book follows neurosurgical scripts that were edited by the late Luděk Navrátil, MD, PhD. The original chapters of which Navrátil was the key author, have been updated and expanded, and they form the backbone of the general part of the book. We therefore dedicate this textbook to the memory of our colleague and co-author.

We would also like to mention our mentors who accompanied us through the field. Last but not least, we thank our spouses, partners and families, without whose understanding and patience we would not be able to fully devote ourselves to our field.

Vladimír Přibáň

#### **Abbreviations**

3D three-dimensional 5-ALA 5-aminolevulinic acid

A1 initial segment of the anterior cerebral artery (pre-communicating segment)

ACA anterior cerebral artery
ACTH adrenocorticotropic hormone

ADC apparent diffusion coefficient (diffusion weighted image sequence on MR)

AG angiography

AIDS acquired immune deficiency syndrome

AOD atlantooccipital dislocation
AP anteroposterior X-ray projection
APV artificial pulmonary ventilation

ATB antibiotics

ATP adenosine triphosphate
AVM arteriovenous malformation

BA basilar artery

BAEP brainstem auditory evoked potentials

BBB blood-brain barrier

BCNU bis-chloroethylnitrosourea (carmustine)

BP blood pressure
BTP brain tumour polyposis

c constant

C, Th, L, S abbreviations for the cervical, thoracic, lumbar, sacral spine

CBF cerebral blood flow
CCF carotid-cavernous fistula
CEA carotid endarterectomy

CMRO<sub>2</sub> cerebral metabolic rate of oxygen

CNS central nervous system

CO2 carbon dioxide

CPP cerebral perfusion pressure

CRP C-reactive protein
CS central sulcus
CST corticospinal tract

CT angiography examination of the vascular bed on CT

CT computed tomography
CT-PMG CT perimyelography

CUSA cavitron ultrasonic surgical aspirator
CVA cerebrovascular accident (stroke)
CVP central venous pressure
CVR cerebrovascular resistance

DAI diffuse axonal injury

ABBREVIATIONS 17

DAVE dural arteriovenous fistula DBS deep brain stimulation

DIND delayed ischaemic neurological deficit

DM dura mater

DNA deoxyribonucleic acid

dysembryoplastic neuroepithelial tumour DNET

DOPA dihydroxyphenylalanine DREZ dorsal root entry zone

DSA digital subtraction angiography DTI diffusion tensor imaging (tractography)

DWI diffusion weighted MR imaging

evoked potentials

EBV Epstein-Barr virus EEG electroencephalography **EMG** electromyography FNT otorhinolaryngology ΕP

**ERPs** endogenous evoked potentials (event related potentials)

end-tidal carbon dioxide ETCO2

frontobasal

**FBSS** failed back surgery syndrome

FCH fluorocholine FDG fluorodeoxyglucose FET fluoroethyltyrosine FiO<sub>2</sub> fraction of inhaled oxygen

FLAIR MRI sequence of T2 weighted MR image

FLT fluorothymidine functional MRI fMRI FT-MRI MRI fibre tractography GCS Glasgow Coma Scale GM glioblastoma multiforme

Gy grey, unit of ionizing radiation dose

HASTE MR sequence (half-fourier acquisition single-shot turbo spin echo imaging)

HCG human chorionic gonadotropin HIV human immunodeficiency virus

HU Hounsfield units IM intramuscular IV intravenous

ICA internal carotid artery

ICG angiography fluorescent angiography intraoperatively using IV application of ICG

**ICG** indocyanine green ICP intracranial pressure ICU intensive care unit

iCVA ischaemic cerebral vascular accident (stroke)

IDD intrathecal drug delivery IDH isocitrate dehydrogenase

IOM intraoperative electrophysiological monitoring

kPA kilopascal LE lower extremities

LMWH low molecular weight heparin

М1 initial segment of the middle cerebral artery

MAC minimum alveolar concentration MALT mucosa associated lymphoid tissue

MAP mean arterial pressure MCA middle cerebral artery

MGMT methyl-guanine-methyltransferase

microRNA microribonucleic acid MMA middle meningeal artery mmHg millimetres of mercury (torr)

MRA MR angiography

MRI magnetic resonance imaging mRS modified Rankine score

MRSA methicillin resistant Staphylococcus aureus

 $\begin{array}{ll} \text{MVD} & \text{microvascular decompression} \\ \text{N}_2\text{O} & \text{nitrous oxide (laughing gas)} \end{array}$ 

NaF sodium chloride NF neurofibromatosis

NGS next generation sequencing NIRS near-infrared spectroscopy

NOAC non-vitamin K oral anticoagulants

nTMS navigated transcranial magnetic stimulation

p.o. oral administration
PAG brain panangiography
PBSC peripheral blood stem cells
PCA posterior cerebral artery

pCO<sub>2</sub> partial pressure of carbon dioxide P-comm posterior communicating artery

PCV procarbazine, CCNU (lomustine), vincristine

PEEK polyetheretherketone

PEEP positive end-expiratory pressure
PET positron emission tomography
PET/CT hybrid imaging combining PET and CT
PET/MRI hybrid imaging combining PET and MRI

PFO patent foramen ovale

PICA posterior inferior cerebellar artery
PitNET pituitary neuroendocrine tumour

PNC penicillin

PNET primitive neuroectoderm tumour

PNO pneumothorax

PNS peripheral nervous system pO<sub>2</sub> partial pressure of oxygen

PtiO<sub>2</sub> partial oxygen pressure in brain tissue

REZ root entry/exit zone (transition zone of the cranial nerve)

RIND reversible ischaemic neurologic deficit

RT radiotherapy

rTPA recombinant tissue plasminogen activator

SAH subarachnoid haemorrhage SCS spinal cord stimulation

SEP somatosensory evoked potentials

SHH sonic hedgehog

 $\mathrm{SjO}_2$  jugular venous oxygen saturation SM Spetzler-Martin classification

SPECT single photon emission computed tomography

spf. superficial

SpO<sub>2</sub> peripheral oxygen saturation STA superficial temporal artery STH somatotropic hormone

T1 MR sequence
T2 MR sequence
TBI traumatic brain injury
TCD transcranial dopplerometry

TEE transesophageal echocardiography

TIA transient ischaemic attack
TIVA total intravenous anaesthesia

TM temporal muscle

ABBREVIATIONS 19

 $\begin{array}{ll} \text{TNF-}\alpha & \text{tumour necrosis factor alpha} \\ \text{TNM} & \text{tumour nodes metastases} \end{array}$ 

TOF train of four (method of monitoring the depth of muscle relaxation)

TSH thyroid stimulating hormone (thyrotropin)

TTF tumour treating fields
UE upper extremities
VEP visual evoked potentials
VHL von Hippel Lindau
Vb blood volume

Vcsf cerebrospinal fluid volume

Vbt brain tissue volume

WBRT whole brain radiation therapy WHO World Health Organization

WNT wingless and WNT-1 signalling pathways

### **A GENERAL PART**

#### **A1 Introduction and Historical Notes**

Neurosurgery encompasses surgical treatment of diseases of the central nervous system, peripheral nerves, and their supporting structures – mainly the spine.

The first historical records date to the Neolithic period, i.e. 5000–7000 BC. Discoveries of healed trepanation burr holes, which demonstrate successful patient recovery, have been documented in Lozère, France. The highest number of discoveries associated with burr hole surgery has been found in Peru and dates back to the pre-Inca (approximately 3000 BC) and later Inca period. The motivations to perform surgery were partially religious, however indirect signs of intracranial hypertension on the skulls also suggest an effort of seeking medical relief. Of these two groups, what stands out is utilizing trepanation to treat epilepsy. The Edwin Smith Papyrus from ancient Egypt documents the knowledge of the physician Imhotep, and includes a description of a complete spinal cord injury, brain injury, and motor pathways. However, brain surgery in the form of trepanation was not performed in the ancient civilisations of Egypt, Mesopotamia, India, or China.

Ancient Greece, represented by **Hippocrates** (ca. 400 BC), is considered the cradle of modern medicine. Hippocrates considered the brain to be the seat of mental activity and described brain and spinal cord injuries. He mastered the trepanation technique, which he performed for epilepsy, headaches, and fractures.

The Greek physician Galen, living in Rome in the 2nd century AD, viewed the liver and heart as centres of the human organism. In his opinion, the liver represented the place of blood formation as well as metabolic and nutritional control. He considered the heart to be the source of innate heat, which it distributed throughout the body. According to Galen, the brain was an organ of thought and the centre of perception, movement, and speech. He performed operations on live animals and demonstrated paralysis after spinal cord injury. Throughout his career, he performed several ground-breaking operations, including brain surgery. In Roman times, basic principles of antisepsis and asepsis were applied, however these were later forgotten for many centuries. The teaching of medicine at universities was influenced by Galen's texts until the 17th century.

Significant personas of the Renaissance period include **Andreas Vesalius** (1515–1564), who laid the foundations of modern anatomy. The 7th book of his magnum

opus *De humani corporis fabrica* provides a detailed description of the brain, including the ventricular system. **Ambroise Paré** (1500–1590), the pioneer of vascular ligation, lived and worked in the same period as Vesalius. Both were royal surgeons, Vesalius at the Spanish court and Paré at the French court. They encountered each other at the bedside of the mortally wounded King Henry II of France, who had suffered a subdural haematoma in a knight tournament. Paré was the treating physician and Vesalius was invited to consult.

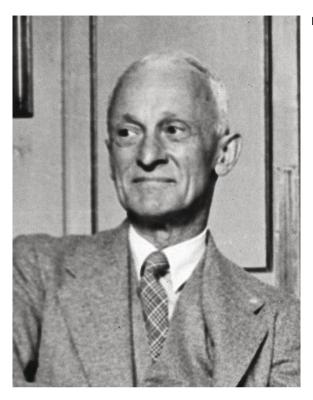
**Jan Jesenský** (1562–1621) was a famous anatomist and surgeon of the Czech lands. He performed the first public autopsy in 1600, was the rector of Charles University and the personal physician of Emperor Rudolf II. He was later executed for participating in the Estates Uprising.

The roots of modern surgery date back to the 19th and early 20th century. General surgery developed and was divided into individual subfields. The first pillar was the introduction of general anaesthesia. The first ether anaesthesia was administered by **W. Morton** on October 16, 1846 at Boston General Hospital for a patient with a mandibular tumour. The place where the surgery was performed (which was in fact the auditorium) is now open to the public.

Another milestone was the introduction of antisepsis and asepsis. The first steps using the disinfecting properties of carbolic acid (phenol) were taken by **Lister**. This was followed by the introduction of rubber surgical gloves by **Halsted** and sterilisation of surgical instruments. The third pillar was the discovery of blood groups by **Landsteiner** resulting in the availability of safe blood transfusions. These three foundation stones enabled surgery to flourish and specialize. Other comparable groundbreaking events also occurred in the 20th century, such as the discovery of antibiotics and direct imaging of the brain and spinal cord via CT and MRI.

Going back to the 19th century, neurosurgical operations would be performed as part of major surgeries. In 1879 in Glasgow, **Macewen** operated a frontal meningioma and in 1885 he performed the "first" laminectomy for spinal cord compression. In fact, the first laminectomy had been performed and documented and published by the Czech professor **Karel Maydl** in 1882, but it was unfortunately forgotten. In 1887 **Victor Horsley** extirpated a spinal meningioma from the spinal cord of an officer with severe preoperative paraparesis. This resulted in the patient regaining his ability to walk.

The true founding father of neurosurgery was **Harvey Cushing** (1869–1939). He was a student of Halsted at Johns Hopkins in Baltimore and was involved in neurosurgery from the outset. He visited famous European greats of the time (Billroth in Vienna, Horsley in London) and concluded that, without the strict separation of neurosurgery as a specialized field, no progress could be made. The only positive thing about the trip to Europe was probably his internship under the renowned Dr Kocher in Basel. It was in the laboratory of physiology that he studied intracranial hypertension, following which he devoted his whole life to the topic. Cushing significantly developed our knowledge of the pathophysiology and surgery of pituitary tumours. Indeed,



Harvey Cushing (1869-1939)

one syndrome bears his name to this day. During World War I he dedicated himself to brain traumatology on the battlefield. His main contribution was in the field of meningeal tumours (meningiomas), and in the technical field, he played a role in the formation of bipolar coagulation and clips (silver clamps) as a means of stopping arterial cerebral haemorrhage.

Walter Dandy (1886–1946) was his student and later became his rival. In the early 1920s he introduced diagnostic ventriculography. It was based on the principal of inserting a catheter into the ventricle and aspirating a certain volume of cerebrospinal fluid. Air would then be insufflated into the ventricles, and the ventricular system could then be displayed on an X-ray. Distortions, compressions, and other morphological changes indirectly reflected pathologies of interest, such as tumours. Dandy had other priorities: he contributed to the understanding of the pathophysiology and therapy of hydrocephalus, he performed surgeries within the cerebellopontine angle (schwannomas), he transsected trigeminal fibres in essential neuralgia (juxtapontine rhizotomy) and operated ventricular pathologies. He was the first to directly operate a cerebral aneurysm, and in 1937 he occluded the neck of an aneurysm using a Cushing clip.

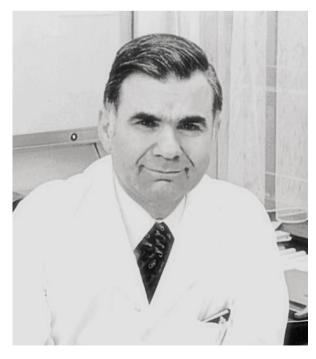
The introduction of brain angiography by **Egaz Moniz** in 1927 was a significant diagnostic breakthrough. Pathologies of the vascular bed (aneurysms, AVM) were visualized directly, vascular tumours demonstrated pathological vascularisation and the other lesions manifested indirectly by distortion of the natural course of the ves-

sels. Currently, angiography holds an important position not only in diagnosis but also in the treatment of vascular diseases of the brain.

The first direct imaging of the brain was made possible by computed tomography (CT) in the 1970s. **G. N. Hounsfield** and **A. McLeod Cormack** were quite rightly awarded the Nobel Prize in 1979. To the present day, this remains a key diagnostic method in brain traumatology, ischaemic and haemorrhagic stroke, and it partially replaced invasive angiography in the diagnosis of vascular lesions. Magnetic resonance imaging played a similar revolutionary role in diagnostics, and the 2003 Nobel Prize was awarded to **P. C. Lauterbur** and **P. Mansfield** for their contribution in this field.

Neurosurgical techniques underwent a revolution in the early 1970s. After extensive work on cadavers M. G. Yasargil (1925) came up with a new concept of the anatomy of the brain, cerebral vessels, and cisterns. Together with the introduction of the operating microscope, its application brought about the era of microneurosurgery, which continues to this day. If Cushing is the father of neurosurgery, then Yasargil is the father of modern neurosurgery. These are the two most important personalities in the history of neurosurgery in general.

The last decade of the 20th century brought the first use of the endoscope in surgeries of the pituitary and ventricular region, Leksell's Gamma Knife, and the explosive development of interventional neuroradiology. This resulted in neurosurgical subspecialisation. The basic subspecialisations of neurosurgery include: neurotraumatology, vascular neurosurgery, oncological neurosurgery, spinal neurosurgery, peripheral nerve neurosurgery, stereotactic and functional neurosurgery and paediatric neurosurgery.



Gazi Yasargil (1925)





Zdeněk Kunc (1908-1985)

Zdeněk Mraček (1930-2022)

In the Czech lands, neurosurgical procedures were performed as a part of major surgery long after the passing of Cushing. This logically delayed development of this field. The founders of Czech neurosurgery were **Rudolf Petr** (1912–2003) in Hradec Králové and **Zdeněk Kunc** (1908–1985) in Prague-Střešovice. The Department of Neurosurgery in Hradec was established in 1954, the department in Prague in 1956 and the clinic in 1959.

The neurosurgical department in Pilsen was established within the surgical clinic in 1956. The first chief physician was **Quido Ledinský**. As assistant to Professor Petr, he represented the Hradec Králové school of neurosurgery. Professor **Zdeněk Mraček** became his pupil and long-term successor. He also spent several years with Professor Kunc and is thus considered an "amphibian" of both schools of neurosurgery. Under his leadership, neurosurgery developed as a whole, especially neurotraumatology. He was a tireless promoter of decompressive craniectomy and was the first neurosurgeon in the Czech Republic to describe moyamoya. He performed pain surgery and modified Sjöquist's tractotomy and became the first elected mayor of Pilsen following the Velvet Revolution.

Mraček was succeeded by chief physician **Milan Choc**, who became the founder of modern neurosurgery. He introduced microsurgery of the brain and spinal cord surgery, he was the first to perform stabilisation procedures of the spine and was known for his surgical approaches to aneurysms of the vertebrobasilar basin. During his period as chief physician, neurosurgery was moved to a new location in Lochotín. This department acquired a neurosurgical ICU, an electrophysiological laboratory, a speech therapy laboratory and sufficient bed capacity. In 2012, **Vladimír Přibáň** took over the role of chief of the department. In 2015, the department acquired the status of a clinic.

#### A2 Examination Procedures in Neurosurgery

#### A2.1 CLINICAL EXAMINATION

In neurosurgery, obtaining a medical history is the first step of the clinical examination. Data is acquired from the patient, their companions or paramedics who provided pre-hospital treatment. We inquire about specific symptoms, their severity, speed of occurrence, accompanying circumstances, details of the accident, etc. For example, a sudden acute headache that has not previously occurred, often associated with nausea, can be the result of cerebral aneurysm rupture and subarachnoid haemorrhage.

Determining the injury timeline and the development of the consciousness disorder has major therapeutic and forensic consequences. For example, determining whether a patient primarily became unconscious and fell, or primarily fell and then lost consciousness is key.

Knowledge of associated conditions such as pharmacological treatment is important. For example, anticoagulant or antiplatelet medications can lead to the progression of intracranial haemorrhage with fatal clinical consequences. Immediate diagnosis of a coagulation disorder and its subsequent urgent correction is of utmost importance in the successful treatment of spontaneous and traumatic intracranial haemorrhage.

The clinical examination in neurosurgery does not differ significantly from a standard neurological examination. Emphasis is put mainly on assessing the state of consciousness. The Glasgow Coma Scale (GCS) is used to evaluate quantitative disorders of consciousness (Table A2.1). We assess eye, verbal, and motor responses. A patient with unimpaired consciousness scores 15 points on this scale, while an unconscious patient scores 8 points or less. Deep coma without response to external stimuli has the lowest score of 3 points. In bilateral cortico-subcortical lesions with diencephalic involvement, unconsciousness is usually associated with decortication rigidity (decortication syndrome). This is characterized by abnormal tonic flexion in the upper extremities and extension on the lower extremities (Fig. A2.1). Contrary to this, decerebration rigidity is characterized by abnormal extension of the upper extremities in the elbows with flexion and pronation in the wrist, and extension of the lower extremities. In the developed state, it is accompanied by a tonic contraction

Table A2.1 Glasgow Coma Scale (GCS)

•		
	Spontaneously	4
Fire anoming recovers	To speech	3
Eye opening response	To pain	2
	No response	1
	Oriented to time, place, and person	5
	Confused	4
Verbal response	Inappropriate words	3
	Incomprehensible sounds	2
	No response	1
	Obeys commands	6
	Moves to localised pain	5
Matayyaanana	Flexion withdrawal from pain	4
Motor response	Abnormal flexion (decorticate)	3
	Abnormal extension (decerebrate)	2
	No response	1
	Clear consciousness	15
Total score	Disorder of consciousness	9-14
	Unconsciousness (coma)	3-8

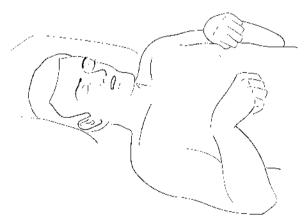


Fig. A2.1 Decorticate rigidity (decorticate posturing)

of the antigravity and paravertebral muscles leading to opisthotonos. Decerebration syndrome is accompanied by a more severe disorder of consciousness caused by a brainstem lesion mainly at the level of the mesencephalon or caudal diencephalon (Fig. A2.2). In cases of unconscious states, we investigate **brainstem reflexes**, which can specify the vertical location of the lesion. These are always examined in the craniocaudal order, the last absent and the first present reflex determine the topical level of the brainstem lesion (Table A2.2).